



How to Clean the Kitchen Checklist

Last Cleaned by: _____

(Name)

Date: _____

Supplies:

ABC = antibacterial cleaner
1/2 cup baking soda
Broom or vacuum
Cloth

Disinfecting spray or wipes
Dish soap
Light bulbs
Mop or scrub brush

Sponge
Toothpaste
Trash bags
1/2 cup vinegar

Jobs:

- Replace any burned out light bulbs
- Drains: Pour 1/4 cup baking soda down sink drain, then 1/4 cup vinegar. Let sit for 5 minutes. Run hot water down drain to flush through.
- Put away clean dishes from dish drainer and dishwasher
- Load dirty dishes into dishwasher and start it (or hand-wash if no dishwasher)
- Wash all hand-washable dishes
- Clear off counter(s) and table, put all items in their homes
- Wash table with antibacterial cleaner (ABC), brush crumbs/food off chairs
- Replace table linens as needed (tablecloth, placemats, napkins)
- Restock tabletop items (salt, pepper, straws, paper napkins)
- Clean stove top with ABC
- Wipe down counters & countertop items (appliances, canisters, etc.) with ABC
- Clean outside of microwave with ABC, clean inside with vinegar
- Fill dish soap dispenser
- Empty the sink's food traps into trash
- Clean sink with ABC, then rub faucet with toothpaste & cloth to shine
- Disinfect refrigerator handles, cabinet knobs, light switches & drawer handles
- Replace dish towels with clean towels
- Remove dirty laundry (dish towels, linens, bibs)
- Empty trash and replace bag (make sure extra bags are in the bottom of the trash can)
- Shake out rugs outside
- Sweep and/or vacuum (don't forget under cabinets, under table and around trash can)
- Mop or scrub the floor, then replace rugs
- Other: _____
- Other: _____