



## *Grocery Shopping List:*

# Summer Vacation Dinner Sandwich Recipes

<p><b>Meats and Proteins:</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> 2 eggs</li> <li><input type="checkbox"/> 1 pound ground beef chuck</li> <li><input type="checkbox"/> 1 pound ground beef sirloin</li> <li><input type="checkbox"/> 2 slices pepperjack cheese</li> <li><input type="checkbox"/> 1 1/2 cups chicken</li> <li><input type="checkbox"/> 1 1/4 cup mozzarella cheese</li> <li><input type="checkbox"/> 1 pound beef round steak</li> <li><input type="checkbox"/> 4 chicken breast halves</li> <li><input type="checkbox"/> 1 cup plain yogurt</li> <li><input type="checkbox"/> 1 cup feta cheese</li> </ul>	<p><b>Vegetables/Fruits:</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> 6 (1/4 inch thick) slices green tomato</li> <li><input type="checkbox"/> 4 red tomatoes</li> <li><input type="checkbox"/> 5 cloves garlic</li> <li><input type="checkbox"/> 2 tablespoons pickled jalapeno slices</li> <li><input type="checkbox"/> 1 carrot</li> <li><input type="checkbox"/> 1/2 cup cucumber</li> <li><input type="checkbox"/> 1/4 cup radishes</li> <li><input type="checkbox"/> 1/4 cup sliced ripe olives</li> <li><input type="checkbox"/> 2 heads of lettuce</li> <li><input type="checkbox"/> 2 green bell peppers</li> <li><input type="checkbox"/> 3 onions</li> <li><input type="checkbox"/> 4 large portobello mushroom caps</li> <li><input type="checkbox"/> 2 tablespoon capers</li> <li><input type="checkbox"/> 1/2 cup cucumber</li> <li><input type="checkbox"/> 1 heart of romaine lettuce</li> <li><input type="checkbox"/> 1/2 cup kalamata olives</li> <li><input type="checkbox"/> 1/2 cup pepperoncini</li> </ul>
<p><b>Liquids:</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> 1/4 cup Worcestershire sauce</li> <li><input type="checkbox"/> 1/4 cup steak seasoning sauce</li> <li><input type="checkbox"/> 3 tablespoons hot pepper sauce</li> <li><input type="checkbox"/> 1/2 (18 ounce) bottle barbeque sauce</li> <li><input type="checkbox"/> 1/4 cup cooking oil</li> <li><input type="checkbox"/> 1/3 cup Italian salad dressing</li> <li><input type="checkbox"/> 7 tablespoons +1 tsp olive oil</li> <li><input type="checkbox"/> 2 tablespoons balsamic vinegar</li> <li><input type="checkbox"/> 3/4 cup balsamic vinaigrette salad dressing</li> <li><input type="checkbox"/> 4 tablespoons lemon juice</li> <li><input type="checkbox"/> 1/2 tablespoon rice vinegar</li> </ul>	<p><b>Spices:</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> salt</li> <li><input type="checkbox"/> pepper</li> <li><input type="checkbox"/> 1 tbsp + 1 teaspoon dried oregano</li> <li><input type="checkbox"/> 1/2 teaspoon dried thyme</li> <li><input type="checkbox"/> 1 teaspoon kosher salt</li> <li><input type="checkbox"/> 1/2 teaspoon Greek seasoning</li> <li><input type="checkbox"/> 1 tablespoon chopped fresh dill</li> </ul>
<p><b>Other:</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> 1 (1 ounce) package dry onion soup mix</li> <li><input type="checkbox"/> 2 tablespoons butter</li> <li><input type="checkbox"/> 1 1/4 cup mayonnaise</li> <li><input type="checkbox"/> 1/4 cup sour cream</li> </ul>	<p><b>Grains / Baking:</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> 2 slices bread</li> <li><input type="checkbox"/> 1 cup yellow cornmeal</li> <li><input type="checkbox"/> 4 slices sourdough bread</li> <li><input type="checkbox"/> 9 pita flat breads</li> <li><input type="checkbox"/> 4 hoagie rolls</li> <li><input type="checkbox"/> 4 hamburger buns</li> </ul>